Hilltop News

NOVEMBER 2026

MERCY HILLTOP SENIOR CENTER
A Welcoming Community Since 1973

3715 Pennsylvania Ave
Erie, Pennsylvania 16504
814-824-2214
MercyHilltopCenter.com

A Sponsored Ministry of The Sisters of Mercy



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CENTER HOURS

Monday through Thursday:
8:00 AM - 4:00 PM

Friday:
8:00 AM - 12:00 PM

HONORING OUR VETERANS

Please join us in showing gratitude, with honor and respect to all of our Veterans for their valor in serving this country and safeguarding our well-being! THANK YOU for preserving our liberty and freedom. A full list of Mercy Hilltop Center's Veterans are displayed in the reception / lobby area of the Center. Thank you!

Our MHC Veterans are invited to enjoy breakfast at the Center on Tuesday, November 10th at 8:30 AM. Please RSVP by Thursday, November 5th by calling 814-824-2214, extension 101. Spouses of our veterans are welcome to attend. THANK YOU!

SAVE THE DATE! *Nutcracker Reimagined* at the Warner Theatre is on Friday, December 11th at 10:00 AM. Tickets are only $5 each. The van fee is $2 or meet the group there! Sign-up with Dawn at the Center Front Desk with your ticket/van fee payment. Thank you!

THE CENTER WILL BE CLOSED ON THURSDAY AND FRIDAY, NOVEMBER 26th AND NOVEMBER 27th FOR THANKSGIVING



INSIDE THIS ISSUE:

Headline.....1
Center Information.....2
Featured Services.....2
Nurse Judy.....2
Dollar Movie.....3
Featured Activities/
Trips.....3, 4
News and Notes.....4
Lunch Outings.....5
Monthly Calendar.....6
Monthly Fundraiser.....7
Staff / Board Members....7

NURSE JUDY

Nurse Judy is available for ***in-person visits/appointments*** **on MOST Tuesday and Thursday mornings.** When she is not in the office, she can ***ALWAYS contact members by phone.*** To arrange a time to speak with Nurse Judy, **please call 814-824-2214, extension 101. THANK YOU!**

FROZEN MEAL DELIVERY

ADVANCED ORDERING for **made from scratch FROZEN MEALS** is offered by ***Legacy Pathways***. **PRICING and MEAL SELECTIONS are available at the Center. PRICING: Meals are $8 each; if eight (8) or more are ordered, meal price is $6 EACH.** Orders must be received **BY NOON on Mondays** and are **delivered to the Center on alternating Wednesdays (check with Dawn for pick-up date and time).** Questions? Please call 814-824-2214, extension 101. Thank you!



WELCOME NEW MEMBERS

WELCOME to our newest members of ***Mercy Hilltop Senior Center*****: Holly Alexander, Judy Johnson, Cindy Lewis, Charlene McDermott, John Steward, Deborah Wienczkowski, and Carolyn Eller** all joined MHC in September. Welcome to our Center!

FREE CONSULTATIONS

Pat Tobey, our Social Worker, is available on Tuesday afternoons for appointments to assist with **documents, listening to personal concerns, giving advice, connecting members to the appropriate resource, and/or discussing an array of topics. She can also assist with setting up online banking, bill pay, medical portals (*My UPMC/My Chart),*** and/or ***social security.gov*** accounts. Please call 814-824-2214, extension 101, to schedule an appointment.

MEMBERSHIP DETAILS

Membership is open to individuals 60 years of age and older and to their spouses/partners, regardless of their age. Join today for only $25 ($45 for couples) annually with a discount always honored for Veterans.

UPDATED DETAILS REGARDING FITNESS CLASSES / ART / CARD GROUPS / GAME GROUPS:

ALL FITNESS CLASSES - $3 for members / $5 for non-members. **Have Silver Sneakers or Renew Active through an insurance provider? If so, members' fitness classes are FREE!**
Studio Art Sessions - $8 for members / $10 for non-members ***(per three-hour session)***
Beginner Painting Class - $24 for members / $30 for non-members ***(TOTAL for 3-week session)***
Bridge, Canasta, Mahjong, Train Dominoes, 500, Pinochle - $1 members / $2 non-members

Please See Dawn For Questions/Inquiries on Health Insurance *Fitness Benefits*

Does the Center have your email address? To receive email notifications on closings, special events, announcements, and important information via email, please see Dawn at the Front Desk to verify that we have it. Thank you!

DOLLAR MOVIE FOR NOVEMBER

A Dollar Movie is now shown on the **FIRST TUESDAY OF EACH MONTH at a NEW and EARLIER start time of 12:30 PM.** Snacks are provided; please bring a beverage. **MOVIES START PROMPTLY at 12:30 PM.** Detailed description of the movies, including the starring cast are available at the Center. **This month's feature film on Tuesday, November 3rd:**

The Great Turkey Town Miracle **(2023 – 1 hour / 30 minutes – Rated PG – DRAMA)**

THIS MONTH'S FEATURED ACTIVITIES, TRIPS & EVENTS:

MONDAY, NOVEMBER 2nd at 12:30 PM: PAINT AND PLANT - Join Remlee Peck, Master Gardener as she leads a class in customizing a planter/vase by painting it and then planting in it! Cost is $25 per person, includes all supplies. *This event is for MEMBERS ONLY AS SPACE IS LIMITED so please RSVP as soon as possible.

TUESDAY, NOVEMBER 3rd at 3:00 PM: *From the Walls of a Vietnam Orphanage to a Life in America* Presented by Tom Glasoe; the true story of a little boy searching for belonging in a world forever changed by war. *Kindly RSVP as space is limited!

WEDNESDAY, NOVEMBER 4th: MONTHLY LUNCH OUTING (details on page 5).

FRIDAY, NOVEMBER 6th at 9:00 AM: HOW MOVEMENT SLOWS THE PROGRESSION OF AGING with AHN Home Care. *Kindly RSVP for set-up purposes.

MONDAY, NOVEMBER 9th from 10:00 AM-12:00 PM: Open Enrollment Appointments with Missy from UPMC Health Plan. Call 814-824-2214, Ext. 101 for an appointment.

MONDAY, NOVEMBER 9th at 10:30 AM: HEALTHY LIVING SUPPORT GROUP (member-driven group, always welcoming NEW members, with a focus on preventative wellness, such as nutrition and fitness, plus informative tips that benefit ALL aspects of life - relationships, stress, and sleep) - TOPIC: *Preparing Healthy Meals for One or Two People* with Marian Taylor of *Simple Solutions* *Kindly RSVP

MONDAY, NOVEMBER 9th at 11:45 AM: GRIEF SHARE DISCUSSION (details on page 4)

MONDAY, NOVEMBER 9th at 1:00 PM: VISION SERVICES available at the Sight Center

TUESDAY, NOVEMBER 10th at 8:30 AM: VETERANS' BREAKFAST (details on front page)

TUESDAY, NOVEMBER 10th at 12:00 PM: BODY & BALANCE MOVEMENT CLASS led by Michael Patterson, Artistic Director. These classes aim to IMPROVE BALANCE while learning and enjoying movement!
Please Note: There is only ONE Body & Balance Movement Class in December, on Tuesday, December 8th due to the Christmas holiday. All classes start at 12:00 PM.

MERCY HILLTOP SENIOR CENTER - NOVEMBER 2026

THIS MONTH'S FEATURED ACTIVITIES, TRIPS & EVENTS:

THURSDAY, NOVEMBER 12th at 3:30 PM: HEALTHY HOLIDAYS: Practical Ways to Navigate the Season with Balance and Vitality, presented by Elizabeth Kelly, Functional Medicine Health Strategist and Coach. This session shares simple, nourishing strategies for the mind, body and soul to stay energized and feel your best while enjoying beloved holiday traditions! *Kindly RSVP for set-up purposes.

FRIDAY, NOVEMBER 13th from 11:00 AM – 2:00 PM: HOLIDAY SHOPPING SHOWCASE Annual event featuring local crafters, artists, knitters and crocheters, plus more selling hand-made items! Note: there are NO OTHER ACTIVITIES TODAY!

MONDAY, NOVEMBER 16th at 10:00 AM: CRAFT WITH LOIS - Sample Available at the Center. A $2 donation is appreciated, but never required. *Kindly RSVP.

MONDAY, NOVEMBER 16th at 11:45 AM: PET THERAPY with *Finnegan, Taz, and Kody,* Certified through the *Alliance of Therapy Dogs* ALL ARE WELCOME!

TUESDAY, NOVEMBER 17th at 1:00 PM: BOOK CLUB - *The Extraordinary Life of Sam Hell* by Robert Dugoni. Next: Tuesday, 12/15/26 - *I Was Anastasia* by Arial Lawhon.

WEDNESDAY, NOVEMBER 18th from 12:00 PM – 2:00 PM: One-on-one Open Enrollment Appointments with Bruce Davis of the Davis Agency.

THURSDAY, NOVEMBER 19th at 4:00 PM: BOOK CLUB - *The Extraordinary Life of Sam Hell* by Robert Dugoni. Next: Thursday, 12/17/26 - *I Was Anastasia* by Arial Lawhon.

MONDAY, NOVEMBER 23rd at 11:45 AM: GRIEF SHARE DISCUSSION (details below)

TUESDAY, NOVEMBER 24th at 12:00 PM: BODY & BALANCE MOVEMENT CLASS

***MHC IS CLOSED on Thursday, November 26th & Friday, November 27th**

N E W S & N O T E S

GRIEF SHARE GROUP DISCUSSION

Grief Share guided by Remlee Peck, Certified Life Coach, are on the **2nd & 4th Mondays of each month; sessions start at 11:45 AM.** This **informal group discussion is open to all members and is held in the Community Room.** Bring a lunch/snack/beverage, if desired and please RSVP to attend sessions. Thank you!

TECHNOLOGY HELP IS HERE!

Need assistance navigating devices such as smart phones, tablets, laptop computers? The Mercyhurst students are here to assist, guide, and answer questions! **Please call 814-824-2214, extension 101 to book an appointment. Thank you!**

MERCY HILLTOP SENIOR CENTER - NOVEMBER 2026

MONTHLY LUNCH OUTING

Our monthly *Lunch Outing* is *typically on the *FIRST* Wednesday* of each month, however, holidays, special events, and weather can cause exceptions. Members can meet the group there (please sign-up with MHC) or ride on the MHC van (Van is reserved for MHC members ONLY). Van fee is listed below AND MUST BE RECEIVED BEFORE a seat is secured. RESERVATIONS must be received at least TWO (2) WEEKS PRIOR to the outing date. Reservations for the *following* month are accepted starting on the DATE LISTED BELOW. Reservations at the restaurant are under *Mercy Hilltop Center;* reservation time is listed below as well as departure time. If riding on the MHC van, KINDLY ARRIVE AT THE CENTER at least (15) minutes prior to departure. *Limited menu / pre-ordering is requested by restaurants from time to time* Please RSVP BEFORE the deadline and call the Center to cancel. Upcoming Outings:

WEDNESDAY, NOVEMBER 4th: *Franco's* (413 State St) - ($2 van fee) Van Departs from the Center at 10:30 AM. Reservation is at 11:00 AM.

WEDNESDAY, DECEMBER 2nd: *Brewerie Union Station* (123 W. 14th St) - Sign-Ups Begin 11/2/26 ($2 van fee) Van Departs from the Center at 11:00 AM. Reservation is at 11:30 AM.

ERIE GIVES FINAL TALLY

THANK YOU! Erie Gives 2026 was a HUGE success for our Center! We surpassed our goal this year, raising $20,603 with an unprecedented 144 donors! Because we have grown so quickly, we require these funds to support the Center's operations and multiple activities. Donations and grants are our primary source of funding and we are so grateful for the generosity and participation in this annual day of giving! Thank you!

YAHN PLANETARIUM AT PENN STATE BEHREND

Join us at Yahn Planetarium on Thursday, December 3rd for a 1:00 PM presentation of: *Mystery of the Christmas Star*. The program aims to find a scientific explanation for the star the Wise Men followed to find Baby Jesus, investigates birth dates for Christ, looks at recorded sightings of significant astronomical events during this time, and explores which of these signs in the sky could have been remarkable enough to cause the wise men to travel across the desert to Bethlehem. It's a modern retelling of the Christmas story. The cost is $3.50 per person. Van departs at 12 Noon or plan to meet the group there. *Van riders – Kindly ARRIVE at the Center by 11:45 AM for a timely departure ($2 van fee). Please sign-up ASAP as this trip will likely fill fast. Thank you!

HATS AND GLOVES COLLECTION FOR CHILDREN

THANK YOU for donating hats and gloves to the House of Mercy for school children! A detailed flyer is available at Center. Last day to donate is Monday, November 30th.

QUESTIONS? Please call 814-824-2214, extension 101 for clarification on activities or events, to RSVP, CANCEL, or TO SCHEDULE APPOINTMENTS. THANK YOU!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:45 AM Chair Yoga 12:00 PM Pinochle 12:30 PM Paint & Plant (details on page 3) 2:30 PM Age of Elegance Ballet Class	**3 ELECTION DAY!** 9:00 AM Chair Yoga 10:00 AM Painting Class 10:15 AM Qi Gong 12:30 PM Studio Art 12:30 PM DOLLAR MOVIE (details on page 3) NO Line Dancing TODAY! 3:00 PM PRESENTATION: From Vietnam to America (details on page 3)	**4** 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 10:30 AM Monthly Lunch Outing (details on page 5) 11:00 AM Canasta, 500 12:00 PM Train Dominoes 12:30 PM Studio Art	**5** 9:00 AM Bridge 9:00 AM Knit/Crochet 12:00 PM Mahjong 1:00 PM Qi Gong 2:00 PM Chair Yoga Sponsored By: Sarah Reed Senior Living	**6** 9:00 AM AHN Home Care (details on page 3) 9:00 AM Cardio Blast 9:45 AM Silver Sneakers Fitness Class 10:45 AM Chair Yoga CENTER CLOSES AT NOON
9 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:00 AM Open Enroll (pg 3) 10:30 AM Healthy Liv (pg 3) 10:45 AM Chair Yoga 11:45 AM Grief Share (pg 4) 12:00 PM Pinochle 1:00 PM Sight Center (pg 3) 2:30 PM Age...Ballet Class	**10** 8:30 AM Vets' Breakfast 9:00 AM Chair Yoga 10:00 AM Painting Class 10:15 AM Qi Gong 12:00 PM Body-Balance (details on page 3) 12:30 PM Studio Art 2:30 PM Beg. Line Dance 3:00 PM Adv. Line Dance	**11** 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 11:00 AM Canasta, 500 12:30 PM Studio Art	**12** 9:00 AM Bridge 9:00 AM Knit/Crochet 12:00 PM Mahjong 1:00 PM Qi Gong 2:00 PM Chair Yoga 3:30 PM PRESENTATION: Healthy Holidays (details on page 4)	**13** 11:00 AM – 2:00 PM HOLIDAY SHOPPING SHOWCASE No Regularly Scheduled Activities Today!
16 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:00 AM Craft (details pg 4) 10:45 AM Chair Yoga 11:45 AM Pet Therapy (pg 4) 12:00 PM Pinochle 2:30 PM Age of Elegance Ballet Class	**17** 9:00 AM Chair Yoga 10:00 AM Painting Class 10:15 AM Qi Gong 12:30 PM Studio Art 1:00 PM Book Club 2:30 PM Beg. Line Dancing 3:00 PM Adv. Line Dancing	**18** 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 11:00 AM Canasta, 500 12:00 PM Train Dominoes 12:00 PM Open Enroll (pg 4) 12:30 PM Studio Art	**19** 9:00 AM Bridge 9:00 AM Knit/Crochet 12:00 PM Mahjong 1:00 PM Qi Gong 2:00 PM Chair Yoga 4:00 PM Book Club	**20** 9:00 AM Cardio Blast 9:45 AM Silver Sneakers Fitness Class 10:45 AM Chair Yoga CENTER CLOSES AT NOON
23 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:45 AM Chair Yoga 11:45 AM Grief Share (pg 4) 12:00 PM Pinochle 2:30 PM Age of Elegance Ballet Class	**24** 9:00 AM Chair Yoga 10:00 AM Painting Class 10:15 AM Qi Gong 12:00 PM Body-Balance (details on page 3) 12:30 PM Studio Art 2:30 PM Beg. Line Dance 3:00 PM Adv. Line Dance	**25** 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 11:00 AM Canasta, 500 12:30 PM Studio Art LAST DAY TO PURCHASE RAFFLE BASKET TICKETS!	**26** CENTER IS CLOSED	**27** CENTER IS CLOSED
30 NO Senior Fitness TODAY! NO Cardio Blast TODAY! 9:45 AM Silver Sneakers 10:45 AM Chair Yoga 12:00 PM Pinochle 2:30 PM Age of Elegance Ballet Class LAST DAY TO DONATE HATS AND GLOVES (details pg 5)				





FUNDRAISER

NOVEMBER FUNDRAISER

November's fundraiser is *RAFFLE BASKETS*. Baskets will be displayed, which make perfect gifts for the upcoming holidays, and tickets will be **sold through Wednesday, November 25th. Tickets are $10 each or three (3) for $20 with 26 chances per sheet! WINNERS WILL BE NOTIFIED on Monday, November 30th. THANK YOU for your continued support!**

MERCY HILLTOP SENIOR CENTER STAFF

Dina Scribner, Executive Director
Dawn Johnson, Membership Coordinator
Pat Tobey, Social Worker
Jean Berarducci, Activities Coordinator
Judy Bekeny, Registered Nurse

MERCY HILLTOP SENIOR CENTER BOARD MEMBERS

Laura Myers, Board Chair
Laura Hellman, Treasurer
Dina Scribner, Executive Director
Tom Erickson
Brian Hennessy
Sr. Kathleen Ann Kolb, RSM
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