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MercyHilltopCenter.com

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Hilltop News

JANUARY 2026



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CENTER HOURS

Monday through Thursday:
8:00 AM - 4:00 PM

Friday:
8:00 AM - 12:00 PM

**The Center is CLOSED on
Thursday January 1st for New
Year's Day.**

**The Center is open on
Friday, January 2nd.**

**The Center is also CLOSED
on Monday, January 19th for
Martin Luther King, Jr. Day.**



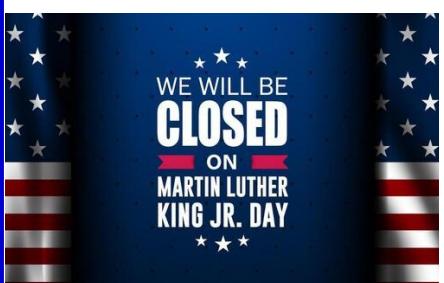
WELCOME WORK STUDY STUDENT!



Please extend a warm Mercy Hilltop welcome to Rachel Holbrook, our new Work Study student from Mercyhurst University. Rachel is a freshman majoring in Architecture and Design with a minor in business. Rachel loves animals, staying busy, and working with older adults. Welcome to Mercy Hilltop Center, Rachel; we're so excited to have you!

SEVERE WEATHER CLOSURES

In the case of severe weather and dangerous conditions, MHC will be listed on ALL local news outlets if closed. We will also place an alert on the Mercy Hilltop Senior Center Facebook page and members may receive an email alert. We simply do not have the capability of making phone calls to nearly 500 members to advise of a weather-related closing, so please check the above outlets BEFORE heading to the Center to make sure that we are indeed open on icy and/or snowy days.



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MERCY HILLTOP SENIOR CENTER - JANUARY 2026

NURSE JUDY

Nurse



Nurse Judy is available for **in-person visits/appointments** on MOST Tuesday and Thursday mornings. When she is not in the office, however, she can **ALWAYS contact members by phone**. To arrange a time to speak with Nurse Judy, **please call 814-824-2214, extension 101. THANK YOU!**



PRODUCE AND FROZEN MEAL DELIVERY



ADVANCED ORDERS for both **PRODUCE** and made from scratch **FROZEN MEALS** is offered by *Legacy Pathways*. **PRICING** and **MEAL SELECTIONS (seasonal)** are available at the Center. **WINTER SELECTIONS ARE HERE! PRICING: Meals are \$8 each; if eight (8) or more meals are ordered, the cost drops to \$6 EACH.** Orders must be received **BY NOON** on Mondays and are delivered to the Center on Wednesdays. **Check with our Front Desk for pick-up time.** Questions? Please call 814-824-2214, extension 101. Thank you!



WELCOME NEW MEMBERS

WELCOME to our newest members of *Mercy Hilltop Senior Center*: Paul Bille, Carole Blakeslee, Diane Bremner, Virginia Culbertson, Rosemary Donnelly, Natalie Dwyer-Haller, Roberta Laird, Becky Nestor, Bonnie and David Rhodes have all joined MHC in November. Welcome to our Center; we look forward to getting to know you!



FREE EVENING CONSULTATIONS

Pat Tobey, our Social Worker, is available on Tuesday evenings for an appointment to assist with **documents, listening to personal concerns, giving advice, connecting members to the appropriate resource, and/or discussing an array of topics**. She can also assist with setting up online banking, bill pay, medical portals (*My UPMC/My Chart*), and/or *social security.gov* accounts. Please call 814-824-2214, extension 101, to schedule an appointment.

IMPORTANT! INFORMATION!

MEMBERSHIP DETAILS

Membership is open to individuals 60 years of age and older and to their spouses/partners, regardless of their age. Join today for only \$25 (\$45 for couples) with a discount always honored for Veterans.

Ballet Barre, Line Dancing, Silver Sneakers and Yoga classes are \$3 for members and \$5 for non-members

QiGong is \$1 for members and \$3 for non-members

Studio Art is \$8 for members and \$10 for non-members (*per three-hour session*)

Mahjong is \$1 for members and \$2 for non-members

With **SILVER SNEAKERS OR RENEW ACTIVE**, through your insurance provider, **MHC fitness classes are FREE**.

Please See Dawn at the Center Front Desk For Questions/Inquiries on Health Insurance Fitness Benefits

Does the Center have your email address? To receive email notifications on closings, special events, announcements, and important information via email, please see Dawn at the Front Desk. Thank you!

ADVANCED PLANNING

As a nonprofit organization, we rely **heavily on donations** to support all offered. Consider helping the Center with **advanced planning**, which is simply sharing your appreciation of MHC with your families now and reminding them to name *Mercy Hilltop Senior Center* as a recipient of donations in your memory. As always, thank you for your support.

QUESTIONS? Please call **814-824-2214, extension 101** for clarification, to RSVP or CANCEL, and/or to make appointments for any of MHC's services, activities, events, classes, etc. offered at the Center. **THANK YOU!**

MERCY HILTOP SENIOR CENTER - JANUARY 2026

TUESDAY DOLLAR MOVIES



Join us for **Tuesday Dollar Movies!** Each Tuesday, we feature a movie for \$1 in our community room. Please note that **movies are subject to change based on availability**. Snacks are provided. **Please bring your own beverage and arrive early to get your seat.** **MOVIES START PROMPTLY at 1:00 PM.**

1/6/26: **Lilly** (2024 - 1 hour / 33 minutes - Rated PG-13 – Drama Based on Book)

1/13/26: **9 to 5** (1980 - 1 hour / 49 minutes - PG - Comedy)

1/20/26: **Dances with Wolves*** (1990 - 1 hour / 30 minutes - PG-13 - Western Epic) ***First Half**

1/27/26: **Dances with Wolves*** (1990 - 1 hour / 30 minutes - PG-13 - Western Epic) ***Conclusion**



***Please Note: this film is three (3) hours long in its entirety. We are splitting it up into two equal parts of one hour and a half each over 2 weeks for convenience. Thank you!**

THIS MONTH'S FEATURED ACTIVITIES, TRIPS & EVENTS:

MONDAY, JANUARY 1st - **THE CENTER IS CLOSED IN OBSERVATION OF NEW YEAR'S DAY!**
THE CENTER WILL BE OPEN ON FRIDAY, JANUARY 2nd FOR REGULARLY SCHEDULED ACTIVITIES.

MONDAY, JANUARY 5th at 2:30 PM - **AGE OF ELEGANCE BALLET CLASS** (FIRST CLASS WITH THE NEW **TEMPORARY DAY & TIME**. CLASS WILL BE ON MONDAY AT 2:30 PM THROUGH MU'S SPRING SEMESTER. Stay tuned to the monthly newsletter for updates on when the class will return to its regular day and time.

WEDNESDAY, JANUARY 7th at 10:30 AM - Van DEPARTS for the monthly **LUNCH OUTING** (**Details are on Page 5**) ***PLEASE ARRIVE AT THE CENTER BY 10:15 AM FOR A TIMELY DEPARTURE!**

THURSDAY, JANUARY 8th at 3:30 PM - **ARTIFICIAL INTELLIGENCE** (also referred to as AI) - **What is it, how is it being used, and how to avoid potentially negative exposure?** Presented by Dr. Christina Reiger and Dr. Christopher Mansour of Mercyhurst University. ***Kindly RSVP by Friday, January 2nd.**

FRIDAY, JANUARY 9th at 10:00 AM - **SEASONAL DOOR HANGING CRAFT** Sponsored by Parkside at Glenwood. ***Kindly RSVP by AS SOON AS POSSIBLE AS SPACE IS LIMITED.**

MONDAY, JANUARY 12th at 10:30 AM - **HEALTHY LIVING SUPPORT GROUP: Real Foods for Real Results in the New Year.** Join us as we discuss how to use REAL (WHOLE) FOOD to feel your best. ***Kindly RSVP.**

THURSDAY, JANUARY 15th at 4:00 PM - **BOOK CLUB** discussing, *The Collected Regrets of Clover* by Mikki Brammer. **PLEASE ALERT us if you are unable to attend a meeting, but want a book (s) ordered for you!**

Next Meeting: Thursday, February 15th at 4:00 PM: *Just Mercy* by Bryan Stevenson.

FRIDAY, JANUARY 16th at 9:00 AM - **OFFICE OF PA. STATE ATTORNEY GENERAL PRESENTS: Digital Citizenship: What is expected while one is online?** Learn all about online courtesy, as well as the appropriate use of social media, the consequences of improper use of the internet, online dangers, cyberbullying and one's *digital footprint*. ***Kindly RSVP by Friday, January 9th.**



MERCY HILLTOP SENIOR CENTER - JANUARY 2026

THIS MONTH'S FEATURED ACTIVITIES, TRIPS & EVENTS:

MONDAY, JANUARY 19th - THE CENTER IS CLOSED IN OBSERVATION OF MARTIN LUTHER KING, JR. DAY. THE CENTER REOPENS ON TUESDAY, JANUARY 20th FOR REGULARLY SCHEDULED ACTIVITIES.

TUESDAY, JANUARY 20th at 3:30 PM - **MOVEMENT CLASS** with Solveig Santillano, Certified Movement Specialist. *THIS SESSION IS TENTATIVE* Kindly RSVP by Friday, January 16th for set-up purposes.

THURSDAY, JANUARY 22nd at 3:30 PM - **MEG MALY COMEDY HOUR: Warm Up Your Winter with Laughter** *Kindly RSVP by Friday, January 16th for set-up purposes.

MONDAY, JANUARY 26th at 10:00 AM - **CRAFT with LOIS** - Sample Pictures available at the Center. *Space is limited so kindly RSVP as soon as possible as crafts FILL QUICKLY!

MONDAY, JANUARY 26th at 10:45 AM - **PET THERAPY** with *Finnegan, Taz, & Kody*, Certified through the *Alliance of Therapy Dogs* *ALL ARE WELCOME!

TUESDAY, JANUARY 27th at 3:30 PM - **MOVEMENT CLASS** with Solveig Santillano, Certified Movement Specialist. *Kindly RSVP by Friday, January 23rd for set-up purposes.

THURSDAY, JANUARY 29th at 4:00 PM - **MICROGREENS WORKSHOP** - Detailed flyers available at the Center with cost and workshop logistics. *Kindly RSVP by Wednesday, 1/21/26 for ordering purposes.

FRIDAY, JANUARY 30th at 9:30 AM - **MICROGREENS WORKSHOP** - *Kindly RSVP by Wednesday, 1/21/26.

PLEASE RSVP (814-824-2214, EXTENSION 101) AS SOON AS POSSIBLE FOR ALL EVENTS

News & Notes

MONTHLY HEALTHY LIVING SUPPORT GROUP

Join us for our member-driven support group focusing on preventative/proactive wellness to address all aspects of life: nutrition, fitness, relationships, stress, and sleep in a functional health approach! **Monthly meetings are held on the SECOND MONDAY OF EACH MONTH at 10:30 AM.** This month's meeting is on Monday, January 12th and we will be discussing, *Real Food for Real Results in the New Year*. Please RSVP!

LOST AND FOUND

Several lost and found items will be placed on the shelf above the coat rack for easy visibility. If they are not claimed by mid-January, they will be donated to a local thrift shop. Thank you!

AGE OF ELEGANCE BALLET TEMPORARY SCHEDULE CHANGE

The *Age of Elegance Ballet Class* will be on Mondays at 2:30 PM, starting on Monday, January 5th until May of 2026. Stay tuned to the monthly newsletter for the date that the class will resume its normal Tuesday schedule.

FEELING UNDER THE WEATHER

Please help us to HELP EVERYONE stay healthy this year! Please do NOT come to the Center if you have SYMPTOM (S) of ANY VIRUS/INFECTION. This includes ANY symptoms of ANY ILLNESS! If you are unsure that you are or are not fighting something, but just don't feel like yourself, please take the extra precaution, call your doctor, and STAY HOME. Thank you for keeping fellow MHC members, instructors, and staff well this season!

QUESTIONS? Please call 814-824-2214, extension 101 for clarification, to RSVP, CANCEL, and/or to schedule appointments for any of MHC's services, activities, events, classes, etc. THANK YOU!

MERCY HILLTOP SENIOR CENTER - JANUARY 2026

MONTHLY LUNCH BUNCH OUTING

Our monthly *Lunch Outing* is *typically on the **FIRST** Wednesday* of each month. Holidays/special events and WEATHER can cause exceptions. Members can meet the group there or ride on the MHC van for a nominal fee ([see below](#)). The van fee paid to MHC SECURES YOUR SEAT. Restaurants require accurate reservations that **must be received no later than two (2) WEEKS PRIOR** to the outing date. Reservations for the *following* month's lunch **ARE ACCEPTED STARTING ON THE DATE LISTED BELOW**. **Reservations at the restaurant are under *Mercy Hilltop Senior Center*; the time can vary.** If you are unable to make it, PLEASE CALL THE CENTER TO ALERT US. Departure times are listed below. **IF RIDING ON THE MHC VAN, KINDLY ARRIVE AT THE CENTER AT LEAST (15) MINUTES PRIOR TO DEPARTURE TIME.** Menus are typically available at the Center for members to peruse beforehand. **Upcoming Outings:**

JANUARY 7th: **Calamari's Squid Row (1317 State Street, Erie) - Van Departs at 10:30 AM (\$2 van fee)**

FEBRUARY 4th: **Dave's Diner (431 Peach Street, Erie) - Sign-Up Opens 1/2/25 (\$2 van fee)**

PLEASE RSVP BEFORE THE DEADLINE & PLEASE CALL THE CENTER TO CANCEL YOUR RESERVATION

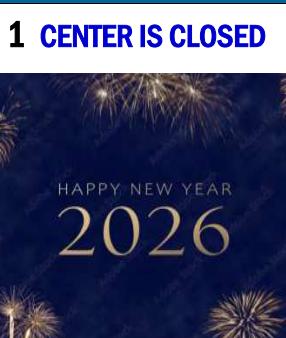
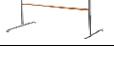
ENTER TO WIN FREE BEGINNER PAINTING CLASSES!



ENTER TO WIN a STEP-BY-STEP, GUIDED three-session painting class! The cost for members is typically \$24 for all three sessions including materials. A generous donor has offered to cover four (4) FULL three (3)-part sessions for interested members starting on Tuesday, December 30th at 10:00 AM, continuing on Tuesday, January 6th with completion on Tuesday, January 13th. No art experience is necessary, but entries are for MHC members and BEGINNERS only! To be entered into the free raffle, **please let Dawn at the front desk know by Monday, December 22nd.** Winners will be drawn and alerted on Tuesday, December 23rd (a week prior to the first session). A sample of the piece that all participants will be working on together is on the left. Best of luck to all!

Please join us in wishing a very **HAPPY BIRTHDAY** to MHC members celebrating in JANUARY:

JANET SZEWCZYKOWSKI	JANUARY 1	LEO VIGLIONE	JANUARY 12
MARI COSTELL	JANUARY 2	NORM GREEN	JANUARY 14
MARY KUHAR-RINKE	JANUARY 2	SUE LIEBEL	JANUARY 16
BARBARA LITTLE	JANUARY 3	GERRI TAYLOR	JANUARY 16
ANITA BERNSTEIN	JANUARY 4	CAROL WHITBRED	JANUARY 16
BETH NAGY	JANUARY 4	SUE WIECZOREK	JANUARY 16
PATRICIA RUPP	JANUARY 4	EILEEN RAAB	JANUARY 17
WENDY AUSTIN	JANUARY 6	MAUREEN WEBSTER	JANUARY 18
MARILYN STUBBE	JANUARY 6	BOB BLODGETT	JANUARY 20
CATHIE COOK	JANUARY 8	BARBARA FIORENZO	JANUARY 21
MARGARET FRIES	JANUARY 8	DEIDRE GRAY	JANUARY 21
BOB GRIFFITH	JANUARY 8	LAURIE ROSSI	JANUARY 22
COLEEN BRIGHAM	JANUARY 9	DOUG SMITH	JANUARY 22
SARAH LARSON	JANUARY 9	BECKY SCHEMBER	JANUARY 24
PAT SEXAUER	JANUARY 9	PATRICIA MINNIG	JANUARY 26
MARY FRICK	JANUARY 10	ARCHIE NARDUCCI	JANUARY 26
TONI GRIFFITH	JANUARY 10	JOE ALECCI	JANUARY 27
STAN LENDA	JANUARY 10	SR. MARY ANDREW HIMES	JANUARY 27
SHARON SHAFFER	JANUARY 10	KAREN MANINO	JANUARY 30
CHARLENE NAPIERKOWSKI	JANUARY 11	CATHY PARTHENAKIS	JANUARY 31
PEG HESS	JANUARY 12		

Monday	Tuesday	Wednesday	Thursday	Friday
				
5 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 12:00 PM Chair Yoga 12:00 PM Pinochle 2:30 PM Age of Elegance Ballet Class*  *Please Note Temporary Change of Class Day/Time	6 9:00 AM Chair Yoga 10:00 AM Painting Class 10:15 AM Qi Gong 12:30 PM Studio Art 1:00 PM Dollar Movie 	7 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 10:30 AM Van Departs for Monthly Lunch Outing (details on page 5) 11:00 AM Canasta & 500 12:30 PM Studio Art 	8 9:00 AM Bridge 9:00 AM Knit/Crochet 12:00 PM Mahjong 1:00 PM Chair Yoga 2:15 PM Qi Gong 3:30 PM Artificial Intelligence Presentation (details on page 3) 	9 9:45 AM Silver Sneakers Fitness Class 10:00 AM Craft with Parkside at Glenwood (details on page 3)  CENTER CLOSES AT NOON
12 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:30 AM Healthy Living Support (details on page 3) 12:00 PM Chair Yoga 12:00 PM Pinochle 2:30 PM Age of Elegance Ballet Class 	13 9:00 AM Chair Yoga 10:00 AM Painting Class 10:15 AM Qi Gong 12:30 PM Studio Art 1:00 PM Dollar Movie 	14 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 11:00 AM Canasta & 500 12:30 PM Studio Art 	15 9:00 AM Bridge 9:00 AM Knit/Crochet 12:00 PM Mahjong 1:00 PM Chair Yoga 2:15 PM Qi Gong 4:00 PM Book Club 	16 9:00 AM PA Atty. Gen. Office Presents: Digital Citizenship (details on pg 3) 9:45 AM Silver Sneakers Fitness Class  CENTER CLOSES AT NOON
19 CENTER IS CLOSED 	20 9:00 AM Chair Yoga 10:00 AM Painting Class 12:30 PM Studio Art 1:00 PM Dollar Movie 3:30 PM 45-Minute Movement Session with Solveig Santillano (TENTATIVE - details on page 4) 	21 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 11:00 AM Canasta & 500 12:30 PM Studio Art 	22 9:00 AM Bridge 9:00 AM Knit/Crochet 12:00 PM Mahjong 1:00 PM Chair Yoga 2:15 PM Qi Gong 3:30 PM Comedy Hour with Meg Maly (details on page 4) 	23 9:45 AM Silver Sneakers Fitness Class  CENTER CLOSES AT NOON
26 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:00 AM Craft with Lois (Sample Pictures at the Center) 10:45 AM Pet Therapy 12:00 PM Chair Yoga 12:00 PM Pinochle 2:30 PM Age of Elegance Ballet Class	27 9:00 AM Chair Yoga 10:00 AM Painting Class 12:30 PM Studio Art 1:00 PM Dollar Movie 3:30 PM 45-Minute Movement Session with Solveig Santillano (details on page 4) 	28 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 11:00 AM Canasta & 500 12:30 PM Studio Art 	29 9:00 AM Bridge 9:00 AM Knit/Crochet 12:00 PM Mahjong 1:00 PM Chair Yoga 2:15 PM Qi Gong 4:00 PM Microgreens Workshop (Detailed Flyers Available at the Center) 	30 9:30 AM Microgreens Workshop (Detailed Flyers Available at the Center) 9:45 AM Silver Sneakers Fitness Class  CENTER CLOSES AT NOON



JANUARY FUNDRAISER



January's fundraiser is **50 / 50's**. We're bringing back a **FAN FAVORITE!** The 50 / 50 tickets ARE \$5 EACH – OR – THREE (3) TICKETS / CHANCES FOR \$10! The winning ticket will be drawn on Friday, January 30th. The more tickets that our members buy, the more the winner takes home! THANK YOU FOR SUPPORTING OUR CENTER!

MERCY HILLTOP SENIOR CENTER STAFF

Dina Scribner, Executive Director

Jean Berarducci, Activities Coordinator

Dawn Johnson, Membership Coordinator

Judy Bekeny, Registered Nurse

Pat Tobey, Social Worker

MERCY HILLTOP SENIOR CENTER BOARD MEMBERS

Karen Karle, Board Chair

Amy Danzer, Board Co-Chair

Laura Myers, Board Co-Chair

Bethany Woods, Secretary

Laura Hellman, Treasurer

Dina Scribner, Executive Director

Carol Amann

Sr. Mary Felice Duska, RSM

Tom Erickson

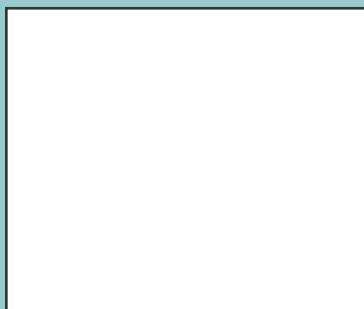
Bob Harrington

Brian Hennessy

Janet Kiehlmeier

Linda Mackowski

Margo Peters



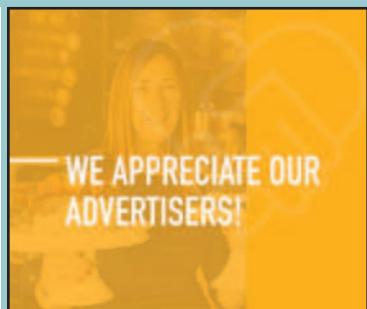
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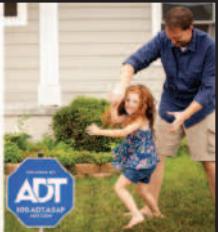
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