



A Welcoming Community Since 1973

3715 Pennsylvania Ave
Erie, Pennsylvania 16504
814-824-2214
MercyHilltopCenter.com

A Sponsored Ministry of The Sisters of Mercy

Hilltop News

AUGUST 2026



Like and Follow us on  Facebook

CENTER HOURS

Monday through Thursday:
8:00 AM - 4:00 PM

Friday:
8:00 AM - 12:00 PM

ERIE GIVES DAY IS HERE!

Erie Gives Day is HERE, on Tuesday, August 11th! The **Erie Community Foundation (ECF)** has implemented the following changes for 2026:

The Foundation **IS ACTIVELY** accepting checks for **Erie Gives Day!** Checks **must be made out to The Erie Community Foundation, NOT to Mercy Hilltop.** Checks must be accompanied by a check donation form which is available online at www.eriegives.org or at **Mercy Hilltop Center.**

Tuesday, August 4: LAST DAY that ECF accepts checks. Please mail your check early! **The DEADLINE to drop off a check at MHC is Friday, July 31st.**

Tuesday, August 11: ERIE GIVES 2026! Online donations are accepted from midnight to midnight.

This summer **Mercy Hilltop** will celebrate **5 years of success** through your generosity! Since opening in August 2021, we have **DOUBLED** the number of participants at the Center, **DOUBLED** the number of daily programs offered, and have updated the facility - both inside and out. This could not have been accomplished without the **financial support of individual donors and grantors; we thank you!**

With growth comes added expense like instructors, equipment, supplies, utilities, and maintenance, which makes **Erie Gives Day** our most important fundraiser each year. To keep our Center financially accessible to all, the \$25 annual membership, and nominal program contributions **do not cover** our basic expenses. **Please reflect on what the Center means to you, and what it is worth to you when considering your donation amount on Erie Gives Day.**

Please spread the word with your family and friends, that **Mercy Hilltop Senior Center makes a positive impact** by offering programs and services to support the independence and wellness of older adults! As non-profit we can only continue our mission through the generosity of many donors. **THANK YOU!**



INSIDE THIS ISSUE:

Headline.....	1
Center Information.....	2
Featured Services.....	2
Nurse Judy.....	2
Movies.....	3
Featured Activities/Trips.....	3, 4
News and Notes.....	4
Birthdays.....	5
Lunch Outings.....	5
Monthly Calendar.....	6
Monthly Fundraiser.....	7
Staff / Board Members.....	7

MERCY HILLTOP SENIOR CENTER - AUGUST 2026

NURSE JUDY

Nurse



Nurse Judy is available for *in-person visits/appointments* on **MOST Tuesday and Thursday mornings**. When she is not in the office, however, she can **ALWAYS contact members by phone**. To arrange a time to speak with Nurse Judy, **please call 814-824-2214, extension 101. THANK YOU!**



PRODUCE AND FROZEN MEAL DELIVERY



ADVANCED ORDERING for both **PRODUCE** and made from scratch **FROZEN MEALS** is offered by **Legacy Pathways**. **PRICING** and **MEAL SELECTIONS** are available at the Center. **PRICING: Meals are \$8 each; if eight (8) or more are ordered, meal price is \$6 EACH.** Orders must be received **BY NOON on Mondays** and are **delivered to the Center on Wednesdays** (check with Dawn for pick-up time). Questions? Please call 814-824-2214, extension 101. Thank you!



WELCOME NEW MEMBERS

WELCOME to our newest members of **Mercy Hilltop Senior Center**: Marie (Donna) Mann, Howard Kightlinger, Lynette Wozniak, Linda & Keith McGarvey, Dolly Lang, Etta Loreti, Marguerite Jones, Shirley Kramer, Patty Vogel and Eileen Grow all joined MHC in June. Welcome to our Center; we look forward to getting to know you!

FREE EVENING CONSULTATIONS



Pat Tobey, our Social Worker, is available on Tuesday evenings for an appointment to assist with **documents, listening to personal concerns, giving advice, connecting members to the appropriate resource, and/or discussing an array of topics**. She can also assist with setting up online banking, bill pay, medical portals (**My UPMC/My Chart**), and/or **social security.gov** accounts. Please call 814-824-2214, extension 101, to schedule an appointment.

IMPORTANT! INFORMATION!

MEMBERSHIP DETAILS

Membership is open to individuals 60 years of age and older and to their spouses/partners, regardless of their age. Join today for only \$25 (\$45 for couples) with a discount always honored for Veterans.

***PLEASE NOTE THE FOLLOWING UPDATED DETAILS REGARDING FITNESS CLASSES / ART / GAMES:**

ALL FITNESS CLASSES are \$3 for members and \$5 for non-members

Studio Art Sessions are \$8 for members and \$10 for non-members (**per three-hour session**)

Beginner Painting Classes are \$24 for members and \$30 for non-members (**for the full three-week session**)

Bridge, Canasta, Mahjong, Mex. Train Dominoes, 500 Bid and Pinochle - are \$1 for members and \$2 for non-members

Have **Silver Sneakers OR Renew Active** through your insurance provider? **If so, members' fitness classes are FREE!**

Please See Dawn at the Center Front Desk For Questions/Inquiries on Health Insurance Fitness Benefits

Does the Center have your email address? To receive email notifications on closings, special events, announcements, and important information via email, please see Dawn at the Front Desk. Thank you!

ADVANCED PLANNING

As a nonprofit organization, we rely **heavily on donations** to support all offered. Consider helping the Center with **advanced planning**, which is simply sharing your appreciation of MHC with your families now and reminding them to name **Mercy Hilltop Senior Center** as a recipient of donations in your memory. As always, thank you for your support.

QUESTIONS? Please call **814-824-2214, extension 101** for clarification, to RSVP or CANCEL, and/or to make appointments for any of MHC's services, activities, events, classes, etc. offered at the Center. **THANK YOU!**

MERCY HILLTOP SENIOR CENTER - AUGUST 2026

A DOLLAR MOVIE RETURNS IN SEPTEMBER!



REMINDER: There are no Tuesday Dollar Movies in July or in August. When we reconvene in September, a Dollar Movie will be shown on the FIRST TUESDAY OF EACH MONTH at a **NEW** and **EARLIER** start time of **12:30 PM**. Snacks will continue to be provided. Please bring a beverage. **See you in September!**

THIS MONTH'S FEATURED ACTIVITIES, TRIPS & EVENTS:

MONDAY, AUGUST 3rd at 12:00 PM: **CASH BINGO** (in Community Room) sponsored by HCF *Kindly RSVP.

WEDNESDAY, AUGUST 5th at 11:30 AM - Van DEPARTS for **ERIE SEAWOLVES GAME (12:35 PM start)** (van fee \$2). Tickets are \$10 each for MHC Members which includes a game ticket and a hot dog lunch with chips and a soft drink. *Van riders - Kindly **ARRIVE** at the Center **BY 11:15 AM** for a timely departure.

FRIDAY, AUGUST 7th at 10:30 AM - **QUESTION & ANSWER SESSION** with State Rep. Bob Merski. Bring your questions and concerns. *Kindly RSVP no later than Monday, August 3rd.

MONDAY, AUGUST 10th at 10:30 AM: **HEALTHY LIVING SUPPORT GROUP:** Meeting for group members to discuss topic suggestions for future discussions (guest speakers, topic requests, etc.) *Kindly RSVP

MONDAY, AUGUST 10th at 11:45 AM: **GRIEF SHARE DISCUSSION** (see page 4 for details) *Kindly RSVP

*****TUESDAY, AUGUST 11th: ERIE GIVES DAY! (See Front Page for Details!)*****

TUESDAY, AUGUST 11th at 1:00 PM: **BODY AND BALANCE MOVEMENT** with DanceErie *Kindly RSVP

THURSDAY, AUGUST 13th at 11:00 AM - Van Departs for **Hagen History Center, GIRARD CAMPUS** followed by lunch (\$3 Van Fee). The site of the Battles Estate, the Girard campus includes two historic homes, a gift shop, and more than 130 acres of farmland and public walking trails. The tour starts **PROMPTLY at Noon** at 436 Walnut Street, known as the *Yellow House*, touring both homes, after which, the group will enjoy acres of blooming sunflowers (there is no charge but **DONATIONS** are very much appreciated), and then off to a late lunch at *Avonia Tavern*. **Van riders: Please arrive at the Center by 10:45 AM** for a timely departure.

FRIDAY, AUGUST 14th at 9:30 AM - **ROCK-PAINTING** with Remlee Peck, Master Gardener. All materials provided -or- **BYOB** - *bring your own boulder!* \$5 class fee payable to Remlee on day of event. *Kindly RSVP

MONDAY, AUGUST 17th at 11:45 AM: **PET THERAPY** with Finnegan, Taz, and Kody, Certified through the *Alliance of Therapy Dogs* ALL ARE WELCOME to COME and RELAX with the pups!

MONDAY, AUGUST 17th at 1:30 PM: **Introduction to INFLIGHT CUISINE** (Voucher Program accepted or pay per meal) **PLUS FREE MEAL TASTINGS**. *Inflight Cuisine* is a home delivered meal service with menus prepared by registered dietitians AND professional chefs. Keeping the needs of health conscious and diet restricted customers in mind, neither customer has to compromise! *Kindly RSVP by Wednesday, 8/12/26



MERCY HILLTOP SENIOR CENTER - AUGUST 2026

THIS MONTH'S FEATURED ACTIVITIES, TRIPS & EVENTS:

TUESDAY, AUGUST 18th at 1:00 PM: **BOOK CLUB (Afternoon Session)** discussing, *The Widow* by John Grisham. Next Session: Tuesday, September 15th at 4:00 PM - *Moment in Time* by Suzanne Redfearn

WEDNESDAY, AUGUST 19th at 10:15 AM - Van DEPARTS for **monthly LUNCH OUTING** (details on page 5). **RSVP's due by Friday, 8/7.** *Van riders - Kindly ARRIVE at the Center **BY 10:00 AM** for a timely departure.

THURSDAY, AUGUST 20th at 4:00 PM: **BOOK CLUB** discussing, *The Widow* by John Grisham . Next Session: Thursday, September 17th at 4:00 PM - *Moment in Time* by Suzanne Redfearn

FRIDAY, AUGUST 21st at 9:00 AM: **Alzheimer's Association's HEALTHY BRAIN presentation by Jennifer Patten-Rudolph of Interim Healthcare.** Bridging the gap between awareness and action regarding cognitive health with an emphasis on proactive lifestyle changes, such as physical activity, nutrition (specifically the MIND diet), and cognitive engagement, to reduce dementia risk before symptoms appear. ***Kindly RSVP**

MONDAY, AUGUST 24th at 11:45 AM: **GRIEF SHARE DISCUSSION** (see below for details) ***Kindly RSVP**

TUESDAY, AUGUST 25th at 1:00 PM: **BODY AND BALANCE MOVEMENT** with Dance Erie ***Kindly RSVP.**

THURSDAY, AUGUST 27th at 6:15 PM: **Van Departs for: THE DIRTY HISTORY OF SOAP** at the Jefferson Educational Society (3207 State Street). Presentation starts at 7:00 PM. Judith Ridner, Ph.D. presents the fascinating history of soap! ***Van riders - Kindly ARRIVE at the Center BY 6:00 PM** for a timely departure.

MONDAY, AUGUST 31st at 1:00 PM: **ASBURY SENIORS** - Learn all about the *Asbury Seniors* from Janet Schmidt, member coordinator, and how our centers help and complement each other! ***Kindly RSVP.**

PLEASE RSVP (814-824-2214, EXTENSION 101) AS SOON AS POSSIBLE FOR ALL EVENTS

NEWS & NOTES

GRIEF SHARE GROUP DISCUSSION

Grief Share guided by Remlee Peck, Certified Life Coach, are on **Monday, August 10th and Monday, August 24th**, sessions start promptly at **11:45 AM**. This informal group discussion is open to all MHC members. **Bring a lunch or snack.** Weather permitting, the discussion will be held outside on the patio, otherwise, it will be in the Community Room. **Grief Share** is held on the **second and fourth Monday of each month**. Thank you.

KNITTING & CROCHET GROUP

The **Knitting and Crochet group** will return on **Thursday, September 17th at 9:00 AM**, after a brief summer hiatus. The group warmly invites members to join them on Thursday mornings! **Don't know how to knit or crochet, but would like to learn? THEY LOVE WELCOMING new people and are EXCITED TO TEACH anyone who wants to learn how to knit and/or crochet!** Already know how to knit or crochet? **Pop in and see** if this is a regular activity you'd like to add to your schedule! Please let us know if you have **any questions and/or are interested (814-824-2214, extension 101)** in joining the knitting and crocheting fun. Thank you!

QUESTIONS? Please call **814-824-2214, extension 101** for clarification, to RSVP, CANCEL, or SCHEDULE. **THANK YOU!**

MERCY HILLTOP SENIOR CENTER - AUGUST 2026

MONTHLY LUNCH OUTING

Our monthly *Lunch Outing* is *typically on the *FIRST* Wednesday* of each month. Holidays/special events and WEATHER can cause exceptions. Members can meet the group there (please sign-up with MHC) or ride on the MHC van for a **nominal fee (see below), which MUST BE RECEIVED to SECURE A VAN SEAT.** RESERVATIONS must be received TWO (2) WEEKS PRIOR to the outing date. Reservations for the following month are accepted STARTING ON THE DATE LISTED BELOW. Reservations at the restaurant are under *Mercy Hilltop Center*; time is listed below. If riding on the MHC van, KINDLY ARRIVE AT THE CENTER at least (15) minutes prior to departure, which is listed below.

Limited menus/preorders are occasionally requested by the restaurant Upcoming Outings:

AUGUST 19th: *All Aboard Diner* (2203 Rice Ave, Lake City, PA) - (\$3 van fee - 11:00 AM Reservation)

SEPTEMBER 2nd: *Conneautville Valley Inn* (907 Main St, Conneautville, PA) - Sign-Ups Begin 8/3/26 (\$3 van fee)

***PLEASE RSVP BEFORE THE DEADLINE // PLEASE CALL THE CENTER TO CANCEL, IF NECESSARY!**



BODY & BALANCE MOVEMENT CLASSES

Body & Balance

Thank you to *DANCE Erie* for sponsoring our summer **Body & Balance Movement Classes**, led by Michael Patterson, Artistic Director. These classes aim to IMPROVE BALANCE while learning and enjoying movement! Please join us!

Please join us in wishing a very HAPPY BIRTHDAY to MHC members celebrating in AUGUST:

BONNIE CASANE
LEIGH KOSTIS
JUDY BUCHMAN
KATHRYN DIGELLO
MARGUERITE JONES
SHIRLEY BLOODWORTH
CAROL TOMCZAK
BARBARA WYSOCKI
MARY ANN FABIN
PAUL SABOL
ANNA SIENERTH
RICHARD WRIGHT
GEORGE FEUCHT
RAYMOND SCHUSCHU
EDRIC CAMP
MARIAM MIR
ALICE RYAN
MARILYN SMITH
JANE EARLL
BECKY TROMMER
AL WALZ
KAREN GORDON
ANDREA SMITH
FRED BARCIO
ED HALTER
SANDRA CHERMACK

AUGUST 1
AUGUST 1
AUGUST 2
AUGUST 2
AUGUST 2
AUGUST 3
AUGUST 3
AUGUST 3
AUGUST 4
AUGUST 4
AUGUST 4
AUGUST 4
AUGUST 5
AUGUST 5
AUGUST 8
AUGUST 9
AUGUST 9
AUGUST 9
AUGUST 10
AUGUST 11
AUGUST 11
AUGUST 12
AUGUST 13
AUGUST 14
AUGUST 14
AUGUST 15

MARGARET PHILLIPS
CHRISTINE ROTH
ANNE SPRING
MARY WINKLER
SUSAN ROUNSLEY
KEVIN COHICK
WENDELL RIZZO
MARK DETTER
BARBARA PROBA
MARYANNE HUSTER
THELMA LOPEZ
CHUCK WOLFRAM
PATRICIA BOYD
LORRAINE HAMILTON
MARTHA KAVENEY
SHIRLEY RIAZZI
RANDOM ROSS
EDITH NISKANEN
MELODY HEWITT
BONNIE RENAUD
JOYCE CRISHOCK
ROSALIE CONSTANTINE
JUDIE HARRISON-MEANS
JUDY PETERMAN
NANCY SAMICK
DIANE WISNIEWSKI

AUGUST 15
AUGUST 15
AUGUST 15
AUGUST 15
AUGUST 16
AUGUST 17
AUGUST 17
AUGUST 18
AUGUST 18
AUGUST 19
AUGUST 19
AUGUST 19
AUGUST 20
AUGUST 20
AUGUST 24
AUGUST 24
AUGUST 26
AUGUST 27
AUGUST 28
AUGUST 28
AUGUST 29
AUGUST 30
AUGUST 31
AUGUST 31
AUGUST 31
AUGUST 31



**AUGUST
BIRTHDAYS**



Monday	Tuesday	Wednesday	Thursday	Friday
3 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:45 AM Chair Yoga 12:00 PM Pinochle 12:00 PM Cash BINGO <i>(details on page 3)</i> 2:30 PM Age of Elegance Ballet Class	4 9:00 AM Chair Yoga 10:00 AM Painting Class 10:15 AM Qi Gong 12:30 PM Studio Art 2:30 PM Beg. Line Dancing 3:00 PM Adv. Line Dancing 	5 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 11:30 AM SeaWolves Game Depart <i>(details page 3)</i> 11:00 AM Canasta, 500 & Mexican Train Dominoes 12:30 PM Studio Art	6 9:00 AM Bridge 12:00 PM Mahjong 1:00 PM Qi Gong 2:00 PM Chair Yoga: SPONSORED BY: 	7 9:45 AM Silver Sneakers Fitness Class 10:30 AM Q & A with State Rep. Bob Merski <i>(details on page 3)</i>  CENTER CLOSSES AT NOON
10 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:30 AM Healthy Liv (p 3) 10:45 AM Chair Yoga 11:45 AM Grief Share (p 4) 12:00 PM Pinochle NO BALLET CLASS TODAY!	11 ERIE GIVES DAY! 9:00 AM Chair Yoga 10:00 AM Painting Class 10:15 AM Qi Gong 12:30 PM Studio Art 1:00 PM Movement Class With Dance Erie <i>(details pg 5)</i> 2:30 PM Beg. Line Dancing 3:00 PM Adv. Line Dancing	12 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 11:00 AM Canasta, 500 12:30 PM Studio Art 	13 9:00 AM Bridge 11:00 AM Van departs for Hagen <i>(details on page 3)</i> 12:00 PM Mahjong 1:00 PM Qi Gong 2:00 PM Chair Yoga 	14 9:00 AM Cardio Blast 9:30 AM Rock Painting Class <i>(details on page 3)</i> 9:45 AM Silver Sneakers Fitness Class 10:45 AM Chair Yoga CENTER CLOSSES AT NOON
17 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:45 AM Chair Yoga 11:45 AM Pet Therapy 12:00 PM Pinochle 1:30 PM Inflight Cuisine Free Tastings <i>(details page 3)</i> 2:30 PM Age of Elegance Ballet Class	18 9:00 AM Chair Yoga 10:00 AM Painting Class 10:15 AM Qi Gong 12:30 PM Studio Art 1:00 PM Book Club 2:30 PM Beg. Line Dancing 3:00 PM Adv. Line Dancing	19 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 10:15 AM Monthly Lunch Outing <i>(details on page 5)</i> 11:00 AM Canasta, 500 & Mexican Train Dominoes 12:30 PM Studio Art	20 9:00 AM Bridge 12:00 PM Mahjong 1:00 PM Qi Gong 2:00 PM Chair Yoga 4:00 PM Book Club 	21 9:00 AM Alzheimer's Association's Healthy Brain <i>(details on page 4)</i> 9:45 AM Silver Sneakers Fitness Class  CENTER CLOSSES AT NOON
24 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:45 AM Chair Yoga 11:45 AM Grief Share (p 4) 12:00 PM Pinochle 2:30 PM Age of Elegance Ballet Class	25 9:00 AM Chair Yoga 10:00 AM Painting Class 10:15 AM Qi Gong 12:30 PM Studio Art 1:00 PM Movement Class With Dance Erie <i>(details pg 5)</i> 2:30 PM Beg. Line Dancing 3:00 PM Adv. Line Dancing	26 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:00 AM Studio Art 9:45 AM Silver Sneakers 11:00 AM Canasta, 500 12:30 PM Studio Art 	27 9:00 AM Bridge 12:00 PM Mahjong 1:00 PM Qi Gong 2:00 PM Chair Yoga 6:30 PM Van Departs for Jefferson Educational Society <i>(details on page 4)</i>	28 9:00 AM Cardio Blast 9:45 AM Silver Sneakers Fitness Class 10:45 AM Chair Yoga  CENTER CLOSSES AT NOON
31 8:00 AM Senior Fitness 9:00 AM Cardio Blast 9:45 AM Silver Sneakers 10:45 AM Chair Yoga 12:00 PM Pinochle 1:00 PM Asbury Seniors <i>(details on page 4)</i> 2:30 PM Age of Elegance Ballet Class				

MERCY HILLTOP SENIOR CENTER - AUGUST 2026 - 7

FUNDRAISER

AUGUST FUNDRAISER

The fundraiser for August is **ERIE GIVES DAY and ERIE GIVES DAY ONLY!** See the Front Page of this newsletter for all of the details! **THANK YOU FOR YOUR SUPPORT OF MERCY HILLTOP SENIOR CENTER!**



MERCY HILLTOP SENIOR CENTER STAFF

Dina Scribner, Executive Director
Dawn Johnson, Membership Coordinator
Pat Tobey, Social Worker

Jean Berarducci, Activities Coordinator
Judy Bekeny, Registered Nurse

MERCY HILLTOP SENIOR CENTER BOARD MEMBERS

Laura Myers, Board Chair
Laura Hellman, Treasurer
Dina Scribner, Executive Director
Tom Erickson
Brian Hennessy
Sr. Kathleen Ann Kolb, RSM

Bethany Woods, Board Co-Chair
Janet Kiehlmeier, Secretary
Amy Danzer
Bob Harrington
Karen Karle
Linda Mackowski
Margo Peters

Support Our Advertisers!



THE FRED AMENDOLA TEAM LLC
kw FLAGSHIP REALTY
KELLERWILLIAMS

FRED AMENDOLA
Realtor®
4934 Peach Street 2nd Floor
O: 814-833-9500
C: 814-882-4100

◆ Client Focused, Results Delivered! ◆

Advertise in Our Newsletter!

Contact Tim Weir
tweir@4LPi.com
(800) 950-9952 x6568



Made you look.

Advertise here to reach your local audience.

Visit lpicommunities.com/advertising-solutions

Scan to get started!



Never miss our publication!

Get each new issue delivered straight to your inbox.



Scan to subscribe on MyCommunityOnline.com



WE APPRECIATE OUR ADVERTISERS

They allow us to print this newsletter. Thank you!



Does your organization need a newsletter?

We'll cover the printing costs!

Learn more at lpicommunities.com



ADT-Monitored Home Security

Get 24-Hour Protection From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



Authorized Provider

SafeStreets

833-287-3502

WE'RE HIRING

Ad Sales Executives

- Paid Training
- Some Travel
- Work-life Balance
- Full-time with Benefits
- Serve Your Community



Visit www.4lpi.com/careers

Advertise in Our Newsletter!

Contact Tim Weir

tweir@4LPi.com

(800) 950-9952 x6568



Advertise Here!

Increase visibility in your community.



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Mercy Hilltop Center, Erie, PA

14-1530